



Enchanted Thymes

MARCH 13, 2010

VOLUME 2, NUMBER 6

Events Calendar

June 6th & 7th visit our booth at the Eddy County Sheriff's Posse Arena during the High School Rodeo evening performances.

June 7th visit our booth at the Carlsbad Beach Bandshell during the Chili Cook-Off.

The week of June 16th we will be in Ft. Smith, AR. If you have a group of 5 or more people and would like to schedule a presentation, please email me for details.

Peak Performance

If you participate in sports or just want to stay fit, learn how exercise and good nutrition work hand in hand to help you maintain peak performance. This month we'll also talk about six categories of herbs and supplements that can enhance your performance in sports or exercise programs. We'll cover supplements that can help you build muscle and decrease fat, increase energy and endurance, enhance metabolism to aid weight loss, reduce stress and support the immune system and help tissues heal if injured. Happy Father's Day! Bring Dad FREE!

Please join us on **Saturday, June 14th at 9:00 a.m.** Cost: \$15/person (includes one-hour class with handouts). Bring a friend and save \$10 (2/\$20). Register early as space is limited. To register, please call (575) 745-1673 or email enchantedherbpantry@yahoo.com.

EHP Monthly Specials

Outdoor Freedom Spray & Bug Off! Gel - Avoid harmful chemicals found in common insect repellants. Our all-natural products are custom-made with high quality essential oils ~ safe for humans, but not appealing to insects. **Sunburn Relief Spray, Cooling Cucumber Lotion, Scented Shea Butter Cream & more** also available. Stock up now for summer.

Price: \$8/ea Special: 3/\$20

Green Gold Healing Balm - A mild healing balm that soothes the skin with herbs and essential oils. Relieves itchy, red, chapped skin conditions such as Eczema, open wounds, diaper rash, and is also excellent for chapped lips and sunburns. **Green Gold Healing Balm w/Magnesium** moves deep within the tissue to relieve muscle soreness and joint pain.
Sale Price: \$15.15 (save \$2)

Ear Candles - Used to clear excess wax and foreign debris from the ears. This process has been known to increase hearing and improve chronic ear and sinus problems. Available in unscented, lavender and herbal scents. 4/pk.
Price: \$7.99

Virgin Coconut Oil, in addition to tasting and smelling great, can: Help you **lose weight** or maintain your already healthy weight, Reduce your risk of **heart disease**, Lower your **cholesterol**, Improve conditions in those with **diabetes and chronic fatigue**, Improve **Crohn's, IBS** and other **digestive disorders**, Prevent other disease and routine illness with its **powerful antibacterial, antiviral and antifungal** agents, **Increase metabolism** and promote healthy **thyroid** function, Boost your daily **energy**, Rejuvenate your **skin and prevent wrinkles** - Dr. Joseph Mercola.

We now stock Tropical Traditions Virgin Coconut Oil, Coconut Flour, Coconut Flakes, Coconut Cream Concentrate (yum!) as well as coconut lotions, soaps and lip balms.

Receive a **FREE Tropical Traditions Coconut Oil** (16 oz.) (\$25 value) with a \$50 purchase. *Valid only on in-stock products available from Enchanted Herb Pantry, LLC.

*All prices subject to change without notice. Sale prices valid for advertised month only. *

Tired of Feeling Tired?

Re-energize your body with an Energy Foot Spa session.

Appointments are available Monday through Saturday at Enchanted Herb Pantry in Loving. Call (575) 745-1673 to schedule your Energy Foot Spa session.

Refer a friend, receive \$5 off.

Important Notice: This information is for educational purposes only and should not be used to diagnose and treat diseases. If you have a health problem, we recommend you consult a competent health practitioner before embarking on any course of treatment.

Product Tips

Silver Shield Saturation

Drink 1 - 4 oz. bottle Silver Shield before bed for 4 nights

Drink 1/2 - 4 oz. bottle Silver Shield before bed for 4 nights

Drink 1/4 - 4 oz. bottle Silver Shield before bed for 4 nights

This 7-bottle program will saturate the body systems for relief of most viral, fungal, bacterial or yeast conditions.

Program from Lawrence Smith, Instructor, Young at Any Age, Albuquerque, NM

*Silver Shield (#4274-1) and Silver Shield Gel (#4950-1) are from Nature's Sunshine Products and can be ordered at www.mynsp.com/stevens or at www.naturessunshine.com

NSP QV Reminder

Don't miss out on the bonus checks you deserve! Remember all you need is 100 QV in any given month, and you will receive a 10% bonus check from Nature's Sunshine. Roughly that means that if you spend \$100 in a month, you will receive a check for \$10.* Here is the chart from NSP:

QV Volume	0-99	100-299	300-599	600-999	1000-2,999	3,000+
Payout	0%	10%	12%	18%	27%	30%

*Not all QV is equal to purchase price.

Coming Next Month

Don't let osteoporosis or arthritis get you down. Learn to be good to the bone.

"Bad to the Bone" may be a good line for a song, but if you want to have great health you'd better be "Good to the Bone." Brittle bones, painful and stiff joints and other bone problems aren't just isolated health issues. They are signs of deeper imbalances because the bones do much more than just structurally support the body.

Enchanted Herb Pantry, LLC

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Enchanted Times is an independent educational publication and receives no financial support from any herb or health product manufacturer. Your comments, questions and personal experiences are welcome. Send them to Enchanted Herb Pantry, LLC, 97 W Ogden Rd., Loving, NM 88256 or enchantedherbpantry@yahoo.com.