



Enchanted Thymes

MARCH 2010

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Events Calendar

COMPASS™ Scans
available **July 6th – 17th** in **South Fork, CO**. Call (575) 745-1673 to schedule your appointment.

Healthy Habits Herbal Hour, **Saturday, July 25th @ 9:00 am** at **Enchanted Herb Pantry, LLC**.

Schedule your **COMPASS™ Scan** today!

In the end, VACCINES aren't such a "hot shot"

Vaccines are one of the "sacred cows" of modern medicine. We've all been told how vaccines have wiped out certain contagious diseases, and every year people faithfully line up to get vaccines for themselves and their children. But, are vaccines really all they're cracked up to be? Here are some facts to consider.

For starters, the myth is that the vaccine makes you immune. This simply isn't true. A vaccine presents a challenge to your immune system, which mounts a response and prepares antibodies to defend itself against the disease. Therefore, it's your immune system, not the vaccine, making you immune. Secondly, there is ample evidence that vaccines can "backfire" if your immune system is compromised. This means the vaccine itself actually makes you sick because our immune system wasn't strong enough to mount a response. The fact is, that few people have ever read the list of ingredients or the list of possible side effects in the vaccines they routinely accept. An even smaller number of people have done their own research on the topic.

Avoid getting "stuck" with unnecessary vaccines and learn how to create natural immunity at this month's Healthy Habits class on **Saturday, July 25th at 9:00 a.m.** ****Note the changed date.** Cost: \$15/person. Bring a friend and save \$10 (\$10/ea). Class includes: one-hour class with handouts. Register early as space is limited, email enchantedherbpantry@yahoo.com or call (575) 745-1673.

EHP Monthly Specials

INTRODUCING: It Works! – I think you're incredible just as you are but who doesn't want to tone, tighten, firm or lift a body part or two? Enchanted Herb Pantry, LLC introduces the **Ultimate Body Applicator**... or, as we like to refer to it, the natural alternative to, ahem, more permanent methods. It's fast. It's effective. It's mess-free and comes with an affordable price tag. The **Ultimate Applicator** allows you to pick where you want to lose and literally shrinks your trouble spots in an easy, one-step application. See results in just 45 minutes! The **Ultimate Applicator** does not contain any mineral oil, lanolin, propylene glycol, isopropyl alcohol, artificial colorants, synthetic fragrances or animal by-products. The **Ultimate Applicator** contains a safe preservative system approved in Japan, Europe and the United States. The **Ultimate Applicator** is not tested on animals!

Attend this month's Herbal Hour or visit www.itworks.net/enchantedherbpantry for more information and details.

SAVE 10% ON ALL IN-STOCK TROPICAL TRADITIONS PRODUCTS – Including: Coconut Cream Concentrate, Coconut Flakes, Coconut Flour, Coconut Oil, Lotions and Lip Balms. Yes, these are your **GOOD** fats that help to moisturize your skin, reduce inflammation and may assist with weight loss by increasing metabolism! Organic Virgin Coconut Oil is a great sunscreen.

*Sale prices valid for in-stock items only during advertised month. Sale prices/free product not valid on services or website orders unless otherwise stated.
All prices subject to change without notice.*

Tired of Feeling Tired?

Re-energize your body with an Energy Foot Spa session.

Appointments are available Monday through Saturday at Enchanted Herb Pantry in Loving and Carlsbad. Call (575) 745-1673 to schedule your Energy Foot Spa session. Refer a friend, receive \$5 off.

Important Notice: This information is for educational purposes only and should not be used to diagnose and treat diseases. If you have a health problem, we recommend you consult a competent health practitioner before embarking on any course of treatment.

Product Tips

Guardian Spritzer

10 drops Guardian

2 oz. Nature's Fresh

Drop essential oils into a 2 oz. Glass Spray Bottle and add Nature's Fresh. Shake before each use to blend. Use for a daily body spray, deodorant, disinfectant and room spray. Products are available from **NSP**.

Frontier Naturals Coop products now available!

Stock your cabinets with *organic, non-irradiated* spices, teas, natural skin care items, health accessories and much, much more! Simply visit www.frontiercoop.com to view the wonderful products they carry. Then **send me an email with your order. Orders are due the 25th of each month.** Orders are wholesale cost + 25% (you save 25% or more). Select products are available at Enchanted Herb Pantry, LLC.

Stay Connected

Be more informed with information via email, i.e., specials, upcoming events, important product information, etc. If you would like to be "in the know" and receive these emails, send me an email with "Add me to your email list" in the subject line.

FREE *Sunshine Sharing* subscriptions are available to active Enchanted Herb Pantry clients. Don't miss out on this valuable information. Annual subscriptions may be purchased for \$15. Please mail payment to: Enchanted Herb Pantry, LLC, Attention: Sunshine Sharing, 97 W Ogden Rd, Loving, NM 88256. Monthly *Enchanted Thymes* issues are available FREE via email. Current and past issues can also be viewed on my website.

Coming Next Month

In next month's Healthy Habits class, we'll tell you how to switch out common medications for safe and effective herbal remedies. You may be pleasantly surprised by how much healthier you feel when you do! Learn how to change your medicine chest to herbs by joining us at next month's Healthy Habits class.

Enchanted Herb Pantry, LLC

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Enchanted Times is an independent educational publication and receives no financial support from any herb or health product manufacturer. Your comments, questions and personal experiences are welcome. Send them to Enchanted Herb Pantry, LLC, 97 W Ogden Rd., Loving, NM 88256 or enchantedherbpantry@yahoo.com. If you wish to be removed from this email list just send a blank email with "unsubscribe me" in the subject box.