



Enchanted Thymes

JUNE 2012

VOLUME 6, NUMBER 6

Events Calendar

Schedule your **COMPASS™ Scans and Detox/Energy Foot Spa Sessions** today! Call (575) 745-1673 to schedule your appointment.

Healthy Habits Class, Saturday, June 9th @ 9:30 a.m. at Enchanted Herb Pantry, LLC.

Compass Scans are now available for both **Nature's Sunshine Products and New Sun Products!** Call and schedule your appointment today!

Complimentary Cancer Therapies

Diet, Nutrition Supplements, Herbs and Other Natural Therapies can Enhance your Prospect for Survival

When it comes to treating cancer, orthodox medicine focuses all of its efforts on destroying cancer cell through surgery, radiation and chemotherapy. Little effort, if any, is made to determine what's wrong in the person's body and how to strengthen it to increase chances of survival.

From a natural perspective, cancer is a whole body condition. Emotional stress, environmental toxicity, poor nutrition, dehydration and low oxygen levels all play a role in allowing cancer cells to multiply out of control in a person's body. So, even if one successfully kills the cancer cells, the disease often returns because the factors that laid the groundwork for it are still present in a person's body.

In this month's Healthy Habits Class we are going to discuss what causes cancer and how we can adopt a diet and lifestyle that will help to prevent it. These same diet and lifestyle changes will also increase one's chances of recovering if one does get cancer. We will also talk about how complimentary therapies can enhance the effectiveness and reduce the side effects of orthodox cancer therapy.

June Healthy Habits Class

DATE: Saturday, June 9, 2012

TIME: 9:30 AM – 10:30 AM

LOCATION: Enchanted Herb Pantry, Loving, NM

MORE: Join us at this month's Healthy Habits Class and learn about complimentary approaches to cancer therapy. Cost: \$10/person, Bring a Friend ~ Receive a FREE Gift. Class Includes: One-hour class with handouts. To register call (575) 745-1673 or email: enchantedherbpantry@yahoo.com.

Space is limited ~ Register early!

EHP Monthly Specials

Road Trip and Picnic Happiness:

SAVE 10% on Yummy Earth Organic Candy, Tire Tread Licorice, Bubble Bars
SAVE on Organic Lemonade Mix, 1 lb – Only \$10 (Save \$3)

*Sale prices valid for in-stock items only during advertised month. Sale prices/free product not valid on services or website orders unless otherwise stated.
All prices subject to change without notice. Shipping charges may apply.*

Tired of Feeling Tired?

Re-energize your body with an Energy Foot Spa session.

Appointments are available Monday through Saturday at Enchanted Herb Pantry in Loving and Carlsbad. Call (575) 745-1673 to schedule your Energy Foot Spa session. Refer a friend, receive \$5 off.

*Important Notice:
This information is for educational purposes only and should not be used to diagnose and treat diseases. If you have a health problem, we recommend you consult a competent health practitioner before embarking on any course of treatment.*

Product Tips

Sun Protection:

One of the most interesting facts about people who live in tropical climates, where the people are constantly exposed to the rays of the sun year round, is that skin cancer is almost unheard of in these places. Here in the US we are constantly warned about the dangers of exposure to the sun, and yet the sun helps our bodies produce much needed nutrients for our skin, such as vitamin D, which has been shown to *prevent* cancer.

Once again we see that coconut oil is probably one of the main reasons people in tropical climates can spend so much time in the sun and not suffer from skin cancer. Coconut oil has wonderful antioxidant properties that protect the skin from free radical damage. Also, when coconut oil is consumed and used topically on our skin, it helps our bodies absorb other nutrients more effectively as well, such as vitamin E, another powerful antioxidant nutrient that protects the skin.

***Virgin Coconut Oil is available at Enchanted Herb Pantry, LLC**

Natural and Organic Foods

Enchanted Herb Pantry offers Healthy and Organic foods and personal care items at affordable prices! Items found in the “inner aisles of the grocery store” are available (no refrigerated or frozen foods – yet). Pricing is only 25% above actual cost. Please contact me or visit www.enchantedherbpantry.com for more information.

Coming Next Month

Is Something Eating Your Lunch? – At next month’s Healthy Habits Class, on **Saturday, July 21st at 9:30 am,*** learn how parasites can cause chronic health problems and what you can do to protect yourself and your family from parasites.

***NOTE: Date Change**

Enchanted Herb Pantry, LLC

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Office Hours: Monday – Friday: 9-6, Saturday: 9:30-Noon

FREE *Sunshine Sharing* subscriptions are available to active Enchanted Herb Pantry clients. Don’t miss out on this valuable information. Annual subscriptions may be purchased for \$15. Please mail payment to: Enchanted Herb Pantry, LLC, Attention: Sunshine Sharing, 97 W Ogden Rd, Loving, NM 88256. Monthly *Enchanted Thymes* issues are available FREE via email. Current and past issues can also be viewed on my website.

Enchanted Times is an independent educational publication and receives no financial support from any herb or health product manufacturer. Your comments, questions and personal experiences are welcome. Send them to Enchanted Herb Pantry, LLC, 97 W Ogden Road, Loving, NM 88256 or jackie@enchantedherbpantry.com. If you wish to be removed from this email list just send a blank email with “unsubscribe me” in the subject box.

